THANK YOU FOR REGISTERING FOR THE 2023 CITY2LAKE

All money raised this year will go to Can Assist Griffith – helping local people with their cancer journey.

Thank you for registering for The Casella Family Brands Visy Griffith City2Lake Fun Run to be held on Sunday 24 September 2023.

We encourage participants to share their journey on Instagram using #city2lake

About the Event

The 9.5km course starts at 8am from Jubilee Oval, Campbell Street Entrance, Griffith and ends at the picnic area at Lake Wyangan. Entrants are able to walk, run or ride the event.

Starting Waves

Wave 1:	**8am**	Cyclists
Wave 2:	**8.10am**	Runners and Walkers. Runners who will complete the course in sub 60 minutes will start at the front of the pack.

Arrival Times

Please arrive at the start line 15 minutes before your wave is due to start.

The start line is located on Campbell Street, Jubilee Oval.

If you have not collected your race bib, please arrive between 6.30am and 7.30am. **Please place your bib on the front of your body so that it is visible to the timer when you cross the line.**

Runner/Walker bibs are blue and cyclist bibs are yellow. If you change your mind from running to cycling or vice versa you will need a new bib.

Early Morning Parking and Buses from the Lake

There will be bus services prior to the event for those wishing to park at the Lake Wyangan Camping Ground. If you would like to park prior to the event, please arrive at the Lake between 6.30am and 7.10am so that the bus can take you back to the start line.

Final bus leaves lake at 7.15am.

Bag Drop-Off / Collection

There will be a bag drop-off and collection service. If you would like to use this service, please report to the marshalling area prior to 7.45am. You can then collect your bag/s at Lake Wyangan following the event using your Bag Drop tag located on your bib.

The Route

The 9.5km route starts at Jubilee Oval, Campbell Street at 8.00am sharp. Those cycling will head off first, followed by runners then walkers. The road from Campbell Street to the Lake Wyangan Picnic Area will be closed to all traffic allowing for participants to safely use the road.

Three drink stations will be positioned along the way with first aid patrols. If you are injured, are not feeling well or have come across someone who has been injured, please report to one of our volunteers or First Aid Officers. In case of an emergency please phone 000.

Porta-loos will be available at the start line and finish line. Toilets are also available at Lake Wyangan School along with a water station.

Lake Wyangan Picnic Area

When you arrive at the Lake Wyangan Picnic Area, you will see your time as you cross the finish line. A Certificate of Participation can be printed at the lake or from a link on our webpage www.city2lake.org

At the Lake there will be Lions Club catering and Peeches Coffee Cart.

Real Juice have provided complimentary juice as you cross the finish line.

Presentation of category medals will take place at 10am.

Bus Service

Following the event, there will be a bus service to transport you back to the start line at Jubilee Oval will commence at approximately 10.30am.

Listen for announcements regarding bus services. Buses will continue until all people are back.

This is a Covid Safe Event

If you or a team/family member feels unwell on race day please DO NOT come to the event. If you wish to seek a refund due to being unable to participate because of Covid please contact the organisers.
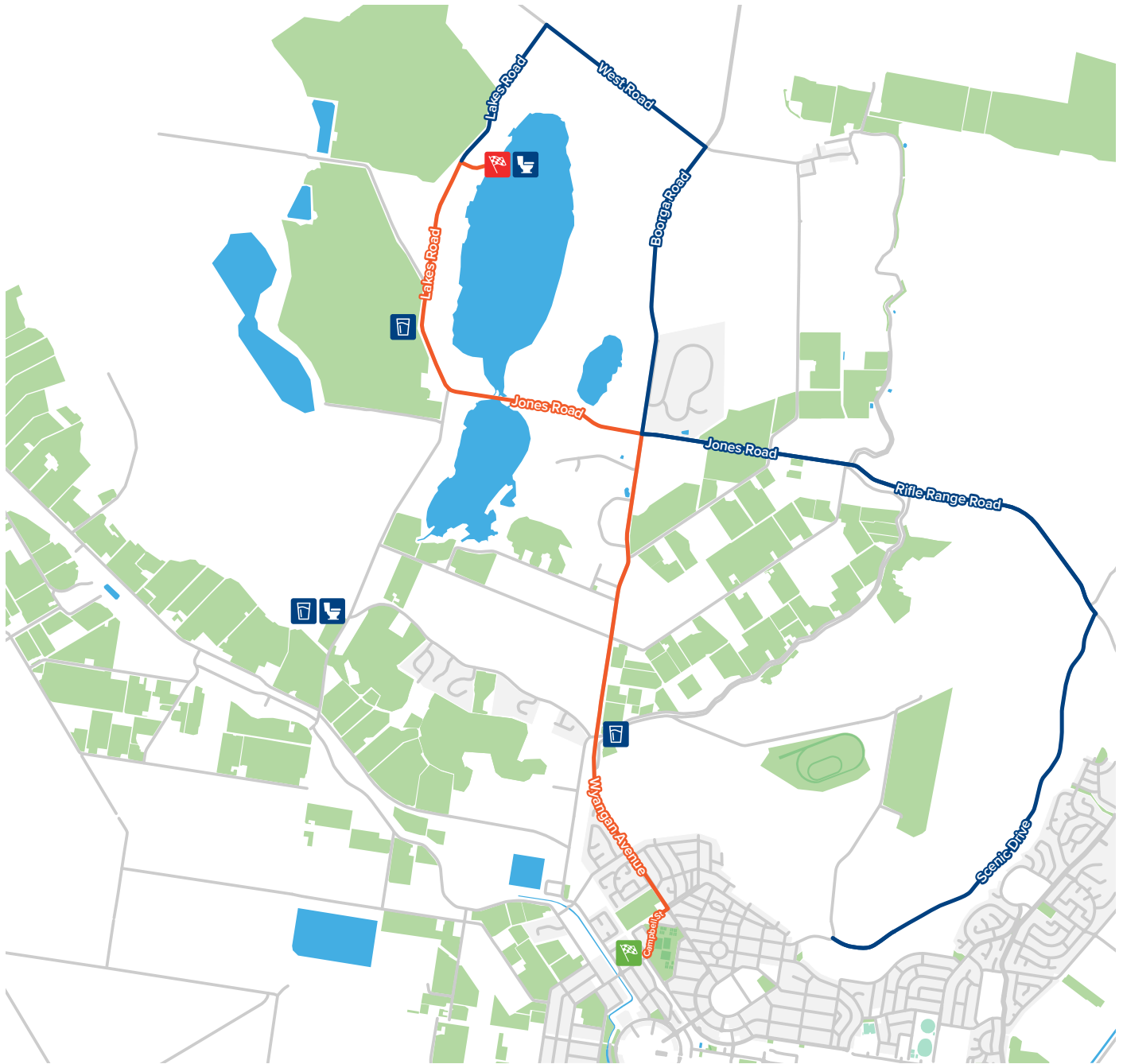
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Road Closures

The roads along the route will be closed from 7.45am through until 11am. If you would like to travel to the Lake between these times, please follow the detour signs. Please note, cyclists must wait until the event finishes and the road opens if they wish to cycle back to Griffith.

Alternative Route

If you would like to drive to the Lake while the roads are closed, an alternative route has been devised. This map will assist you in finding your way. (See map below; alternative route is marked in blue, course is marked in orange)